



**FIRST NATIONS AND INUIT HEALTH
NON-INSURED HEALTH BENEFITS PROGRAM
MENTAL HEALTH COUNSELLING –
FEE GRID
ONTARIO REGION
EFFECTIVE DATE: April 19, 2023**

SERVICE CODE	SERVICE CODE DESCRIPTION	FREQUENCY (total of related service codes)	MAXIMUM ELIGIBLE HOURLY RATE UP TO:
MHA01	Initial Assessment, Individual	Maximum of 2 hours every 12 months (total of related service codes)	\$191.25
MHA04	Initial Assessment, Telehealth		\$191.25
MHA05	Initial Assessment, Couples/Group of 2	Maximum of 2 hours every 12 months	\$95.63
MHC01	Counselling Session, Individual	Maximum of 20 hours every 12 months (total of all related service codes) Additional hours in the same 12 month period may be provided on a case-by-case basis	\$191.25
MHC03	Counselling Session, Group		\$63.75
MHC04	Counselling Session, Telehealth		\$191.25
MHC05	Counselling Session, Couples/Group of 2		\$95.63

*Claims will only be reimbursed for services by providers who are enrolled or eligible to be enrolled. See the [Guide to Mental Health Counselling Services](#). Amount billed will be reimbursed up to the maximum eligible rate.